



FREE PRINTABLE · SUCCESS PATH GURU

90-Day Wealth Habits

No secret code. Seven small daily habits, done most days for 90 days — because research says new habits take about 66 days to feel automatic, not 21.

1 Quiet — 10 min, no screen	5 Connect — message someone ahead
2 Learn — one new money/skill idea	6 Give — help one person
3 Picture — goal + next step	7 Energy — walk, music, sleep
4 One brave step — a call, an application, a question	

AIM: 3-4 HABITS ON MOST DAYS

DAYS 1-30

Tick what you did

Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Day	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Niyam: Ek din chhoote to theek. Do din lagaatar mat chhodo.

Month check-in — what changed? _____

Tick what you did

Day	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Day	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Niyam: Ek din chhoote to theek. Do din lagaatar mat chhodo.

Month check-in — what changed?

Tick what you did

Day	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Day	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90
Quiet															
Learn															
Picture															
Brave step															
Connect															
Give															
Energy															

Niyam: Ek din chhoote to theek. Do din lagaatar mat chhodo.

Month check-in — what changed?

EVERY EVENING · 2 MINUTES

Evening questions

Pick any evening and write — even one line each.

Date: _____

Where did I sell myself short today?

Where did fear hold me back?

If I already had the life I want, what would I have done differently?

Date: _____

Where did I sell myself short today?

Where did fear hold me back?

If I already had the life I want, what would I have done differently?

Free online: Wealth Habits Tracker — successpathguru.com/wealth-habits-tracker.html · Honest review: [/blog-black-protocol-of-wealth.html](https://successpathguru.com/blog-black-protocol-of-wealth.html)